



WEDDERBURN
COLLEGE

NEWSLETTER

Term 1 Week 02
5 February 2020

PO Box 20
15-29 Hospital Street
Wedderburn Victoria 3518
Tel No. (03) 5494 3011
E-mail: wedderburn.p12@edumail.vic.gov.au
Website: www.wedderburn-college.vic.edu.au

The Newsletter is designed to offer an information service to the parents of Wedderburn College students and local people interested in Education.

COMING DATES

Please note: An official College Calendar with all dates for the year were distributed to all families via Compass and the Homeroom. Should you require one, please ask from the Front Office.

SCHOOL TERMS YEAR 2020

Term 1	28 January - 27 March
Term 2	14 April - 26 June
Term 3	13 July - 18 September
Term 4	5 October - 18 December

Events & Happenings

7 February	Friday	House Swimming Sports, Wedderburn
24 February	Monday	Bendigo Gallery Excursion Yr 9/10 Art

FROM THE PRINCIPAL

Dear Parents, Guardians, Carers and Friends of Wedderburn College

Welcome to 2020

Welcome back to all of our students and families. Our students have had a smooth start to the year and have settled in well to their new classes. We gathered together as a College at a whole school assembly on Wednesday 29 January to remember that each New Year and new day represents the opportunity for a fresh start and a chance to reflect on and tweak goals and expectations. It is my hope that every child will experience success in their learning and grow in character and substance throughout 2020, in line with our College values of Respect, Responsibility and Resilience.

A warm welcome is extended to families and students who are new to the College this year, those in Foundation, and in other year levels throughout the school. We trust you will find our learning community a supportive, challenging and engaging place to be. Thank you for choosing our college and for trusting us to support you in your own role as primary educators of your children.

Awards Night

Congratulations to the many students who were acknowledged for their achievements at our 2019 Awards Night. All students who received an award should be pleased with the consistency of their efforts across the year. I extend special congratulations to our VCE Dux, **Rebecca Turnbull**, and our VCAL Dux **Charisma Leitch**.

Throughout the duration of her studies, **Rebecca** showed dedication and commitment toward her VCE subjects and applied herself with consistent effort throughout all areas of her learning. While studying for the VCAL certificate, Charisma put in consistent effort and commitment into everything that she did, always with an eye to helping others and making the world a better place. Congratulations, to both women for this achievement and for managing to maintain a healthy balance with all other aspects of their lives.

I extend special thanks to all of our sponsors whose generosity allowed a monetary recognition to be awarded to our students. Thanks to: Loddon Shire, Wedderburn College Parents Association, Wedderburn Tourism Inc, Country Womens' Association Wedderburn, Wattle Office Supplies, Wedderburn Historical Engine, Wedderburn Senior Citizens, Wedderburn Patchwork Group, In memory of Darryl Wishart, Caltex, Wedderburn Lions Club, Inglewood Lions Club, Wedderburn Redbacks, Charlton Florist, North Central LLEN, Louise Staley MP, La Trobe University and the Australian Defence Force.

Year 12 Results

Our College was extremely proud of the combined achievements and results of our Year 12 VCE students. I encourage you to view our mean results by viewing the following link: <https://infogram.com/ned-906-vce-results-2019-1hd12yqp3jzl4km>

Our families and the community should be very proud that we have a school in our community that holds its own in relation to VCE achievement. In particular, I acknowledge this cohort of students who were consistent in their effort across the entire year. This is the reward of that effort. Our staff have also focused on ensuring consistency in teaching, a calm and orderly learning environment with high expectations for all students. I also congratulate all of our VCAL students who graduated with this significant senior certificate. If we are not engaging with the community then we are not doing VCAL properly, so we are grateful to all of the Community agencies and groups that we partnered with last year to help our students develop vocational skills and competencies in the context of applied learning. Again, our students were consistent in their effort and cooperative with one another.

We are proud of our VCAL program and of our partnerships with the community and engagement.

2020 School Leaders

Congratulations to our school leaders for 2020.

College Captains:

Mikala McNeill & Tobi Shelley
Matilda Hopkins & Evan McCoy

Ansett Secondary Captains:

Tess Jackson & Finn Turnbull

Ansett Secondary Vice Captains:

Trent Jackson & Grace Lockhart

Ansett Primary Captains:

Aihen Turner & Jade Cramp

Jacka Secondary Captains:

Isaac Holt & Isobella Rollinson

Jacka Secondary Vice Captains:

Chris Giorlando & Macey Jaques

Jacka Primary Captains:

Tyson Blair & TBA

Our Student Representative Council Members will be nominated and appointed within the next two weeks.

Instrumental Music

At the very end of last year, **Mr Vinnie Bourke** informed us that he was taking up a position closer to home and would be finishing in his role at the College. We advertised this position over the holidays without success and will advertise again. Any costs already collected for this will be refunded immediately and when a suitable replacement is secured, you will be asked again if you wish your child to participate in the program and if so, cost will be added to your family statement.

Updated Personal Details & Privacy

Next week, a collection of forms that are required to be updated annually, will be sent home for your review and signing. Please return these to the office or your child's homeroom teacher as soon as possible after they have been received.

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the Schools Privacy Policy.

Please take time to remind yourself of the school's collection statement, found on our website http://www.wedderburn-college.vic.edu.au/?page_id=76

Attendance

Attendance will be closely monitored and followed up this year. Very regular attendance is important to the continuity of your child's learning. Any absence of five days is required to be reported to the Department. I understand that many parents and guardians go to great effort where possible, to schedule appointments and other commitments outside of class time and I thank you for this. Planned extended absences for longer than five (5) days are required to be notified to the Assistant Principal via the Homeroom Teacher, and a meeting held.

Please call the office by 9.00am to notify an absence. This is a parental responsibility. Any other matters relating to ongoing illness, personal issues or other matters affecting attendance should be discussed with the homeroom teacher. Please contact the homeroom teacher via Compass or leave a message for them to call you with the office staff.

Year 7 & Year 12 Camp

Our Years 7s are in Melbourne on their DOXA city experience this week, and our Year 12s are in Apollo Bay for their Orientation to Year 12 Camp. Both camps are a positive way to mark the transition into these special milestone years. Thank you to staff members **Mrs Lauren Barker, Mr Rhys Church, Ms Kirsten Graham** and parent **Mr Shayne Lowe** for their organisation and presence on these camps.

Parents Association

Thank you to the Parents Association for hosting a welcome morning tea in the staff room for all parents and family members on the first day of school. I encourage individuals to get involved in the PA, not simply for the social benefits but for the rewarding feeling of contributing and enriching our College through fundraising and community development. I thank the PA for a fantastic year last year and wish them well for another successful year in 2020. Thank you for all that you do.

Swimming Sports

Our Swimming Sports will be held at the Wedderburn Swimming Pool this Friday. We are hoping for excellent participation from all students and hope to see as many parents as possible on the day.

Ms Rachel Lechmere, Principal

FROM THE ASSISTANT PRINCIPAL

Welcome back to all staff, students and their families. What a hot week it was! I always remember many years ago when I was a student and it would be very hot when school was about to recommence, Mum would often say 'it's always when school goes back' and it sure was.

SWPBS (School Wide Positive Behaviours)

Our matrix (see below) has been modified and improved to make it more easily understood by all staff and students. Every student needs to know our matrix as this will be used across all year levels by all staff. This provides consistency and stability for our students as they know what is expected of them and each class will be the same.

Uniform

1. Hats - Term 1 and 4 are our hat wearing terms. Students are reminded that the only hats allowed are navy blue broad brim and bucket hats with a school logo.
2. Polo Shirt - 2020 marks the final phase out of all polo shirts other than the navy blue polo shirt with gold piping.

Swimming Sports

The Swimming Carnival is one of the few occasions the whole school comes together, all students are expected to attend and participate in at least one swimming event, and students are encouraged to dress-up in their house colours. Prizes will be awarded to homerooms with the greatest attendance and the most students dressed in house colours.

Attendance

Our school attendance data has room for improvement. Attendance is important because students are more likely to succeed academically when they attend school consistently. It is difficult for the teacher and the class to build their skills, relationships and progress if students are frequently absent. In addition to falling behind academically, students who are not in school on a regular basis are more likely to get into trouble with the law and cause problems within the community. A child missing one day a fortnight will miss four weeks in a year, and more than a year of school by Year 10. It is important that children develop regular attendance habits at an early age.

Breakfast Club

Breakfast Club this year will run on Wednesday and Friday mornings.

Mr Dean Lockhart, Assistant Principal

WEDDERBURN COLLEGE EXPECTED BEHAVIOURS

	WE ARE RESPECTFUL 	WE ARE RESPONSIBLE 	WE ARE RESILIENT 
ALWAYS IN ALL AREAS	I will... <ul style="list-style-type: none"> - Follow directions of all staff - Listen to others - Use manners and kind words - Include others - Keep my hands, feet and objects to myself 	I will... <ul style="list-style-type: none"> - Participate - Put rubbish in the bin - Be honest and own my actions - Share and take turns - Look after property - Create a safe environment - Help others - Maintain a tidy school 	I will... <ul style="list-style-type: none"> - Accept when routines change - Keep trying - Focus on what I can control - View situations positively
CLASSROOM & LIBRARY	I will... <ul style="list-style-type: none"> - Use my inside voice - Raise my hand and wait - Walk 	I will... <ul style="list-style-type: none"> - Arrive on time with my materials - Line up quickly and quietly - Stay on task 	<ul style="list-style-type: none"> - Always keep a sense of humour - Identify and manage my emotions
YARD & KLC	I will... <ul style="list-style-type: none"> - Play safely and by the rules 	I will... <ul style="list-style-type: none"> - Stay in-bounds 	<ul style="list-style-type: none"> - Be a problem solver - Build and look after friendships
CORRIDORS	I will... <ul style="list-style-type: none"> - Use my inside voice - Wait my turn - Be patient and calm - Walk 	I will... <ul style="list-style-type: none"> - Be prompt at my locker 	

FROM THE BUSINESS MANAGER

Family Statements

Family statements have been sent out by either email or mail at the end of January and will be sent each month. All statements will be sent by email unless families request for them to be sent by mail. If any families have already paid their schools costs with Wattle Office book suppliers, you don't need to pay them again. If you have any queries on your statement, please do not hesitate to contact Marie Marsh, Business Manager to discuss these matters.

Centrepay deductions (For families who receive Centrelink Payment)

What is Centrepay?

Centrepay is a free direct bill-paying service offered to customers receiving Centrelink payments. Through Centrepay you can choose to pay school fees, excursions, camps, etc. by having a regular amount deducted from your payments and transferred electronically to Wedderburn College.

Will it cost you anything?

There is no charge for this service.

Is there a minimum payment amount?

Yes, the minimum payment amount for deductions for Wedderburn College is \$10 per fortnight.

How do you apply for Centrepay?

Please contact **Ms Marie Marsh**, Business Manager for processing.

What information do you need to provide when applying for Centrepay?

You will need:

- ✓ your Customer Reference Number (CRN)
- ✓ the amount you want deducted from your payments each fortnight
- ✓ the payments from which you want the deductions to be paid
- ✓ the pay day that you want the deduction to start.

Centrelink will send you a letter confirming the details of your deductions. Centrelink will pay your deductions to Wedderburn College on the same day you receive your Centrelink payments.

Can you change your Centrepay deductions?

Yes, you can change, suspend or cancel your deductions at any time online at:

humanservices.gov.au/onlineservices, by calling Centrelink or completing a Centrepay deduction form at a Centrelink Service Centre. Centrelink will send you a letter and advise Wedderburn College of your changes, suspensions or cancellation.

What changes can you make to your Centrepay deductions?

You can make the following changes to your deductions:

- ✓ suspend your deduction amount temporarily for a maximum period of 13 weeks
- ✓ request a future end date when deductions will automatically cease
- ✓ nominate or change a target amount so deductions will automatically stop when that target amount has been reached
- ✓ change the deduction amount you are paying to a new amount or change the amount temporarily
- ✓ cancel your deduction at any time.

What happens if there is a change to your payments?

You may not always be able to deduct the full amount requested if your Centrelink payment:

- ✓ is reduced because of income or earnings
- ✓ has been reduced or suspended because of a non-payment period, or
- ✓ is reduced because other deductions have been made, such as overpayments - leaving you with an insufficient amount left for your Centrepay deduction.

If this happens you will need to contact the office on 03 5494 3011 and make other arrangements.

CSEF - Camps, Schools & Excursions Funds

The Camps, Sports and Excursions Fund (CSEF) provides payments for eligible students to attend activities like:

- school camps or trips
- swimming and school-organised sport programs
- outdoor education programs
- excursions and incursions.

How To Apply

New applicants should contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

If you applied for the CSEF at your child's school in 2019, you do not need to complete an application form in 2020 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- ✓ **new student enrolments**; your child has started or changed schools in 2020 or you did not apply in 2019.
- ✓ **changed family circumstances**; such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2020.

A flyer is found at the pages following of the newsletter for more information about CSEF or check with the school office if you are unsure.

Conveyance Allowance

Families in rural and regional Victoria can get help with the cost of transporting their children to their nearest school or campus. This is known as the conveyance allowance.

The conveyance allowance is available to students travelling by:

- public transport
- private car
- private bus

or to students whose nearest school is not serviced by a free school bus.

The conveyance allowance is a contribution towards transport costs and is not intended to cover the full cost of transporting children to and from school.

Who can apply?

The conveyance allowance is available to families who meet certain criteria.

Students attending a school must:

- ✓ attend their nearest government or non-government school/campus appropriate to their year level at which admission is permissible
- ✓ be enrolled at a school/campus outside Melbourne's metropolitan conveyance boundary
- ✓ reside 4.8km or more by the shortest practicable route from that school/campus attended
- ✓ be of school age (5 to 18 years old at time of application) and reside in Victoria.

If you would like more information, please call the office on 03 5494 3011 and ask to speak with me.

Ms Marie Marsh, Business Manager.

FOUNDATION/1

Welcome to our new and 'old' families. We have all had a great start to the year, and we are so glad this week is cooler than last Friday! Thanks to our Year Six Buddies and Grade Ones who have helped our Foundation students. The children love waiting for the Buddies at the end of the day to help 'deliver' them to their families. This week we have started our InitiLit F and InitiLit 1 Literacy program. We are really lucky that Mrs Turnbull works with us to deliver this program to our Grade Ones, four mornings a week. Information about the InitiLit program was distributed on Monday. Next Monday we start our special 'homework' book with our Foundation students. Grade Ones need to read each night and families sign the diary when they have listened to their child read. Cheers

Mrs Tanya Chalmers, Teacher

YEAR 2/3

Welcome to 2020 in Year 2/3. Great to see everyone looking very smart (and taller) in their uniform!

Thank you to all who have sent their child with the correct supplies for the year. Please remember to also supply a library bag and art smock. I will be sending out our class timetable for the year at the end of this week, for your information.

Once again, our homework requirement this year is for your child to read every night and get their diary signed. It's important that you are able to listen to them to correct, praise, ask questions or discuss what they have read. Help your child to see reading as a pleasurable and interesting activity.

Please note that our school swimming sports will be this Friday 7 February. Our class will be walking down prior to a BBQ lunch. The students will then have the opportunity to be involved in some swimming activities so bathers, towel, hat, sunscreen and water will be required.

If you have any concerns about anything during the year please feel free to contact me or drop in and see what your child has been doing!

Mrs Deirdre McKenzie, Teacher

YEAR 3/4

Students have settled in nicely to the start of the year and are enjoying making new friendships. We are beginning to test students on their reading levels and writing abilities so look forward to sending home accurately levelled readers before the end of the week. Students have been tested on their sound knowledge, so if you notice some extra readers coming home it is to assist in learning the focus sound for each individual student. This is just one way we can focus on individual student needs and grow their strengths in letter/sound knowledge.

The students have enjoyed the writing tasks that have been set and enjoyed guessing whether the stories we told were true or made up about our holidays. In Maths we enjoyed playing the 'What's my number?' game as we represented numbers in many ways. We are all looking forward to swimming next week as well as supporting our house by participating and cheering on our teams.

In Inquiry, we are yet to start our topic learning about Australia, the states/territories, capital cities and special features. It is important to talk to your child about what they have learned along the way.

With some families buying new sets of uniforms for the year, we would hate for them to get paint, etc. on them so please ensure your child has an art smock to use every Monday during Art class. We visit the library each Monday afternoon so please ensure your child has their library bag to return and borrow new books. I hope everyone had a nice holiday break and a happy start to the year!

Ms Jessica Higgins, Teacher

COMPASS

Don't wait for the end of semester to view your child's progress. Log in to Compass and view teacher feedback and feed forward at any time by checking out your child's Learning Tasks. Children also receive regular (every 5 weeks) progress reports on their Organisation, Behaviour, Attitude to Learning and Work Completion. Learning Tasks and Reports can be found on your child's profile page.

GENERAL NEWS

Playgroup

Welcome back to another year of fun, laughter and learning! Playgroup will meet at the same time as previous years, on a Tuesday from 9:00 to 10:30am in the BER. This year, **Ms Kerry Walker** and **Mrs Carlie Turnbull** will be facilitating the program.

House Swimming Sports

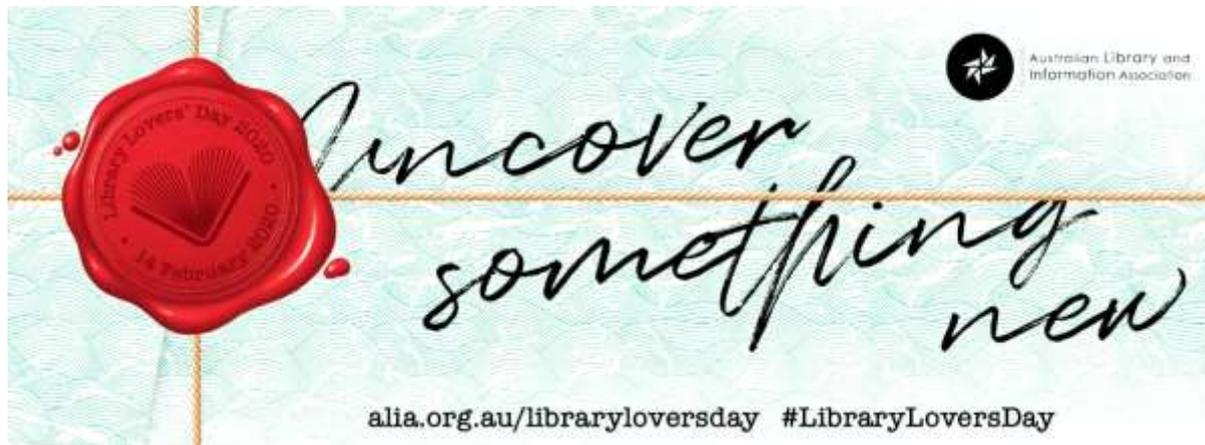
The House Swimming Sports will be held on Friday 7 February at the Wedderburn Pool. This year, we are striving to get all students in the pool! There will be an event for every student. A BBQ lunch will be provided for students, staff, and families. Please note the school canteen will be closed on this day. All students will be dismissed from the pool at the end of the day. A letter has been posted on **COMPASS** with more details.

Mrs Carlie Turnbull, Sports Coordinator

LIBRARY NEWS

Welcome back to 2020 and a new year in our Library. Start the term with “Library Lovers Day” (also known as Valentine’s Day). Every year we celebrate the gift of reading and literature with love letters to the Library.

On Friday 14 February there will be a special display of the most loved books we have to share. Please post your love letter to one book, author or Library activity you really love on the nomination forms available in the Library or at the school Office. Parents and friends are invited to share their favourites too.



There will be special treats and activities available during Library Lovers Day in the Wedderburn College Library - do come and see what we have in store to surprise and delight.

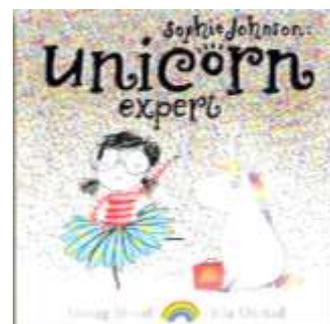
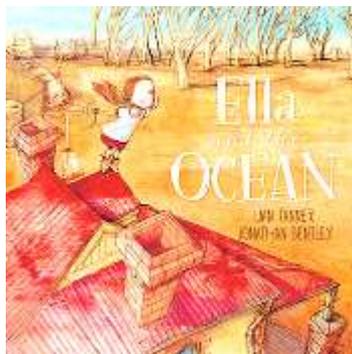
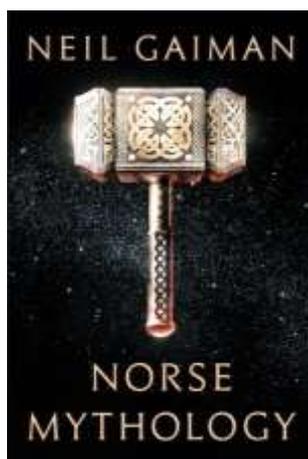
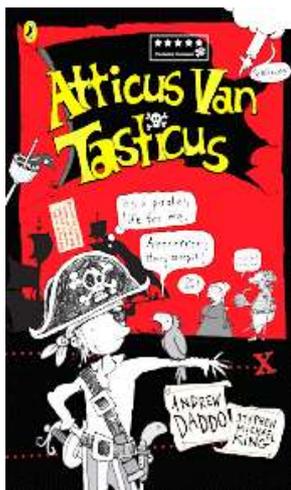
New books:

“Sophie Johnson: Unicorn Expert” by Morag Hood

We have a few unicorn experts at our school and we can never have enough books celebrating these fascinating creatures. This picture book is a funny look at this craze among young ladies. Glorious rainbow coloured illustrations and a light hearted tale.

“Ella and the Ocean” by Lian Tanner

This book is quite a contrast to the first one. The story of a girl who lives on a drought ravaged property in “red dirt country” where the whole family seems to dream of the ocean. This is an optimistic tale to inspire hope.



“Atticus Van Tasticus” by Andrew Daddo and Stephen

Michael King

This rollicking pirate tale is another book with lots of humour and cartoons throughout. Atticus Van Tasticus is a young pirate in search of adventure with a very untrustworthy crew.

“Norse Myths” by Neil Gaiman

Neil Gaiman is one of the most stylish and skilled storytellers today. This is a gripping retelling of the myths of Northern Europe centring on Thor, Loki and Odin. If you have enjoyed Tolkien, “Game of Thrones” or any other fantasy, these stories are their inspiration. These books are all available in the Library to borrow.

These are the days for Library classes so far. Please make sure that Library bags and books are brought to school on these days.

Monday	-	Grade 3 /4	Miss Higgins
Tuesday	-	Year 10	Mrs Woodman
Thursday	-	Foundation/Grade 1	Mrs Chalmers
Thursday		Grade 2/3	Mrs Mckenzie
Thursday		Year 8	Miss Godden
Friday	-	Year 7	Miss Graham

SCHOLASTIC BOOK CLUB orders are due by Wednesday 12 February.

Miss Hilary MacKay and Mrs Joan Earl, Librarians

WEDDERBURN TOURISM SEEKING VOLUNTEERS

Volunteers are needed for 2020 Minelab Wedderburn Detector Jamboree Saturday 7 and Sunday 8 March 2020 to assist in areas such as timekeeping and marshalling for Junior and Senior Gold Panning and Detector Hunt. Anyone interested in being part of this fun filled event please contact 0417 123 012 or email wedderburntourism@gmail.com

Karen Fazzani, Wedderburn Tourism Board of Management

BOORT HOCKEY CLUB TOMATO FUNDRAISER

Tomatoes

\$15 per 10kg box, Delivery to Wedderburn, Contact **Ms Susan Gould**
0429 927534 or email at susantgould@gmail.com

SEPTEMBER HOLIDAYS CENTRAL AUSTRALIA CAMP

Expression of Interest Only-

All Secondary students are invited to express their interest in attending a camp that, if it goes ahead, will run during the September school holidays. We will be going to discover the amazing Central Australia region, travelling by coach and visiting places like Coober Pedy, Uluru and Kings Canyon....and much, much more.

The cost of the 11-day tour is \$1,349.00 per student (GST inclusive). If you're interested, please fill in the attached form and return it to the office by Friday 14 February. Any queries, contact Mrs Carol Woodman via email or phone the College. Selection for the trip will be subject to the discretion of the College.



**Expression of Interest Central Australia Camp
(Please return on or before Friday 14 February 2020)**

Name: _____

Year: _____

Contact Number: _____

Parent/Guardian Name and Signature: _____



Construction Induction Card Training

CPCCOHS1001A - Work Safely in the Construction Industry

This unit of competency provides a basic introduction to Occupational Health & Safety in order to work safely in the construction industry.

Date: Thursday 5th March 2020

Time: One day, school hours

Location: North Central Trade Training Centre, Charlton

Cost: \$100 per student

Trainer: Skillinvest

Please note minimum number are required to run the session

Please call ASAP to register your interest

Enquiries: Mary-Ann Sait (North Central LLEN)

Mobile: 0400 696 156



COMMUNITY NEWS

UNIFORMS FOR SALE

Wedderburn College Parents Association sell SECOND HAND and NEW UNIFORMS to help raise funds for camps, books, excursions etc.

These Uniforms can be purchased from the Uniform Shop at the School, located on Chapel Street side of the school. (Building formally known as the Hub)

Hours: Thursday 3pm to 4pm

Friday 8.30am to 9.30am

Or phone **Kylie** on **0409 389 916** or **Jo** on **0407049268** to arrange another time.

RAMJAC Uniform Price List

SS Champion Polo Navy/Gold	\$24.00
LS Champion Polo Navy/Gold	\$26.00
Champion Jacket	\$40.00
Micro Fibre Shorts	\$30.00
Drill Shorts	\$30.00
Skirt with Short	\$37.00
Microfiber Track pant -Kids	\$40.00
Microfiber Track pant -Adult	\$44.00
LS Tee with Logo	\$18.00
Padded Vest	\$45.00
Bonded Polar Fleece Vest	\$39.00
Bonded Polar Fleece Jacket	\$44.00
Polar Fleece ½ zip jumper	\$32-\$36
Wide Brimmed Hat	\$15.00
Bucket Hat	\$15.00
Beanie	\$15.00



***** Navy Socks Now Available*****

We have a wide variety of sizes to try on. Orders taken and paid for on the day via Cash or Credit Card and delivered to the School Uniform Shop the following week.

Second Hand Uniform Price List

Polar Fleece Jumpers	\$3.00
Navy Polo	2.00
Shorts	\$2.00
Track pants	\$2.00
Hats/Beanies	\$2.00
Dresses	\$5.00
P/F Vest & Full zip Jacket	\$5.00
Champion Jacket	\$5.00

Donations of unwanted or no longer needed uniforms are greatly appreciated. These can be dropped off to the front office or call or text **Kylie** on **0409 389 916** for other arrangements.

Wide variety of sizes to purchase on the day. Cash only.

New Dresses now Available \$55 each

Healthy Lunchbox Tips

Healthy meals & snacks are important for your children's everyday health and it will also help them concentrate and learn. Use the following to guide healthy choices for a healthy lunchbox.

What makes a healthy lunchbox?

1. Grain Foods: Wholemeal or multigrain sandwich/wrap/roll, pasta, noodles, rice, crackers, rice/corn cakes



2. Fruit: Apple, orange, grapes, strawberries, cut-up watermelon, banana, mango, blueberries, peach, apricot, kiwi fruit, fruit salad



3. Vegetable: Cherry tomatoes, capsicum sticks, snow peas, carrot/celery/cucumber sticks



4. Dairy: Plain UHT milk, natural yoghurt, cheese cubes or sticks, smoothie, custard, yoghurt rice pudding, tzatziki



5. Protein: Chicken, egg, tuna, hummus, baked beans, lamb, pork, tofu, lentil pattie



Healthy, cheap and tasty lunchbox recipes:

<https://www.healthylunchboxweek.org/recipes>

<https://healthylunchbox.com.au/recipes/>

Healthy snack alternatives:

6. Bottle of water

<https://healthylunchbox.com.au/healthy-swaps/>

5 SUNSMART Tips for your Family



SunSmart starts with parents

Be a role model and make sure you are putting sunscreen also. Children are 16 times more likely to put sunscreen on after seeing their parents do so.

Use UV reminders

Check the sun protection times each day by using the FREE [SunSmart app](#).



Buy SunSmart clothing

Broad brimmed hats are best. Long sleeve tops, high necklines, longer skirts and pants can protect your children from the sun. Look for lightweight and breathable fabrics.



Sunscreen: Choose it and use it

Apply 30 SPF (or higher) broad-spectrum, water-resistant sunscreen each morning. Reapply before going outside and after swimming.



Keep SunSmart clothing, hats and sunscreen in plain sight

Keep hats and sunscreen next to the door so that is easy to see when going outside.



Don't forget to SLIP, SLOP, SLAP, SEEK & SLIDE



For more information visit: <https://www.sunsmart.com.au/about/media-campaigns/current-campaigns/belindas-story/sun-protection-tips-for-families> Information from Northern District Community Health

**FEB
16TH**

CENTRAL VICTORIAN PACING AND TROTTERS CHAMPIONSHIPS

**@
DONALDSON
PARK
WEDDERBURN**



Charlton
St Arnaud
Boort
Wedderburn
Maryborough

**FREE ENTRY
MEMBERS CASH DRAWS
GATES OPEN AT 11:30AM**



WOODLANDS STUD



THE TANTS



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about the CSEF visit www.education.vic.gov.au/csef

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

If you applied for the CSEF at your child's school in 2019, you do not need to complete an application form in 2020 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools in 2020 or you did not apply in 2019.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2020.

Check with the school office if you are unsure.

